Centre of Excellence
Ministry of AYUSH
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YANTRA

2026

AN INTERNATIONAL CONFERENCE

Yoga and Ayurveda in Neurosciences: Therapeutics & Research Approaches

THEME: Evidence in Integrative Medicine

29 – 30 OCTOBER 2026 CONVENTION CENTRE, NIMHANS, BENGALURU

CONFERENCE SCHEDULE

Organized by
Department of Integrative Medicine, NIMHANS



SCHEDULE

DAY -1	29 OCTOBER 2026, THURSDAY	
9.00 - 10:30 AM	Auditorium 1	**INAUGURATION**
10:30 - 11:00 AM	**KEYNOTE ADDRESS**	Vd. Rajesh Kotecha (Ministry of AYUSH)
11:00 -11:30 AM	**TEA BREAK**	
11:30AM-01:00 PM	**PANEL DISCUSSION** Auditorium 1	**POLICYMAKERS, FUNDING AGENCIES, AND RESEARCH IN INTEGRATIVE MEDICINE** Dr. Jyoti Keswani (CCRYN & MDNIY) Dr. Allammaprabhu Gudda (NCISM) Dr. Bhushan Patwardhan (AYUSH India lead for WHO-GTMC) Dr. Narayanam Srikanth (CCRAS) Dr. Pawankumar Godatwar (NIA, Jaipur) Dr. Rajesh Kumawat (Himalaya, Bengaluru) CHAIRPERSONS: Prof. Dr. D Nagaraja (NIMHANS) Prof. Dr. BN Gangadhar (Distinguished AYUSH Chair)
01:00 - 2:00 PM	**LUNCH BREAK/ POSTER PRESENTATIONS**	

EVIDENCE FROM PUBLIC HEALTH RESEARCH

02:00-02:30 PM	**PLENARY 1** Auditorium 1	**INTEGRATIVE MEDICINE FOR PUBLIC MENTAL HEALTH: A NIMHANS INITIATIVE** Dr. BN Gangadhar (Distinguished AYUSH Chair) CHAIRPERSON: Dr. Smita Deshpande (St. Johns Medical College)
02:30-03:00 PM	**PLENARY 2** Auditorium 1	**INTEGRATIVE ALLO-AYUR APPROACH** Dr. Suresh Patankar (MUHS) CHAIRPERSON: Dr. BN Gangadhar (Distinguished AYUSH Chair)
03:00-04:00 PM	**PARALLEL SYMPOSIUMS** Auditorium 1	**CCRYN INITIATIVES IN INTEGRATIVE MEDICINE** Dr. Raghavendra Rao (HCG) Dr.H S Vadiraj (CCRYN) Dr. Inbaraj (CCRYN) CHAIRPERSON : Dr. Jyothi Keswani (CCRYN & MDNIY)
	Auditorium 2	**INTEGRATIVE INITIATIVES IN AIIMS** Dr. Govind Rao (AIIMS, Bibinagar) Dr. Naveen (AIIMS, Jodhpur) Dr. Monika Pathania (AIIMS, Rishikesh) CHAIRPERSON: Dr. Pradeep BS (NIMHANS)
	Auditorium 3	**YOGA, AYURVEDA AND PUBLIC HEALTH** Dr. Rahul Shidhaye (Pravara Institute of Medical Sciences, Ahmednagar) Dr. Narayanam Srikanth (CCRAS) Dr. Sanjay Phadke (Indian Psychiatric Society) CHAIRPERSON: Dr. Kishore Patwardhan (Banaras Hindu University)
04:00 - 04:15 PM	**TEA BREAK**	
06:30 onwards	**CULTURALS FOLLOWED BY GALA DINNER**	

SCHEDULE

DAY-2	30 OCTOBER 2026, FRIDAY	
EVIDENCE FROM CLINICAL RESEARCH		
09:00-10:00 AM	**PANEL DISCUSSION** Auditorium 1	**INTEGRATIVE CLINICAL SERVICES : CURRENT TRENDS AND CHALLENGES** Dr. Sanjeev Rastogi (State Ayurvedic College, University of Lucknow) Dr. Kishore Kumar R (IMD, NIMHANS) Dr. Hemant Bhargav (IMD, NIMHANS) Dr. Mayur Kaku (PES University & Hospital) Dr. Manohar S Gundeti (RRA-CARI, Mumbai) MODERATOR: Dr. Umesh C (IMD, NIMHANS) CHAIRPERSON: Dr. Shivarama Varambally (Department of Psychiatry, NIMHANS)
10:00-10:45 AM	**PLENARY 1** Auditorium 1	**IMAGING AND INTEGRATIVE MEDICINE** Dr. Balachunder Subramaniam (Center of Anaesthesia Research Excellence, Harvard) Dr. Bharath Holla (IMD, NIMHANS) CHAIRPERSON: Dr. Ganesan Venkatasubramanian (Department of Psychiatry, NIMHANS)
10:45-11:15 AM	**PLENARY 2** Auditorium 1	**ROLE OF YOGA IN MANAGEMENT OF NEUROLOGICAL DISORDERS** Dr. Manjari Tripathi (AIIMS,Delhi) CHAIRPERSON: Dr. Malla Bhaskar Rao (Ramaiah Memorial Hospital)
11:15 - 11:30 AM	**TEA BREAK**	
11:30- 12:30 PM	**PARALLEL SYMPOSIUMS** Auditorium 1	**INTEGRATIVE CLINICAL RESEARCH IN NEUROLOGY** Dr. Neetina Kumar patil (CIMR, MAHE, Manipal) Dr. Rohan Mahale (Department of Neurology, NIMHANS) Dr. Archana Purushotham (Houston, Texas) CHAIRPERSON: Dr. Nupur Purthi (Department of Neurosurgery, NIMHANS)
	Auditorium 2	**INTEGRATIVE INITIATIVES IN CCRAS** Dr. Sreenibash Sahoo (RARI, Trivandrum) Dr. Shubashree M N (CARI, Bengaluru) Dr. Raghavendra (Ayush Bureau of Indian Standards, New Delhi) CHAIRPERSON: Dr. Sulochana Bhat (CCRAS,Retd.)
	Auditorium 3	**INTEGRATIVE CLINICAL RESEARCH IN MENTAL HEALTH** Dr. Basavaraj Tubaki (KLE, Belgaum) Dr. Nishitha Jasti (IMD, NIMHANS) Dr. Sangeeta S (IMD, NIMHANS) CHAIRPERSON: Dr. Vijay Kumar KG (Department of Psychiatry, NIMHANS)
12:30-01:15 PM	**PANEL DISCUSSION** Auditorium 1	**INTEGRATIVE MEDICINE FOR GLOBAL HEALTH CARE: EVIDENCE, OPPORTUNITIES & CHALLENGES** Dr. Antonio Morandi (Ayurvedic Point: Institute & School of Ayurvedic Medicine, Italy) Dr. KAH Mirza (University of Hertfordshire, London, UK) Dr. Reinhard Bogle (Vocational Training Yoga Forum, Munich) Dr. Alex Hankey (MIT World Peace University & SVYASA) MODERATOR: Dr. Shivarama Varambally CHAIRPERSON: Dr. Sathyaprabha TN (Department of Neurophysiology, NIMHANS)
01:15 - 02:00 PM	**LUNCH BREAK**	

SCHEDULE

EVIDENCE FROM BASIC SCIENCE RESEARCH

02:00-03:00 PM	**PARALLEL SYMPOSIUMS** Auditorium 1	**YOGA & CONSCIOUSNESS** Dr. Matthijs Cornelissen (Indian Psychology Institute) Dr. Ravindra P N (Department of Neurophysiology, NIMHANS) CHAIRPERSON: Dr. Kaviraj Udupa (Department of Neurophysiology, NIMHANS)
	Auditorium 2	**BASIC SCIENCE RESEARCH IN AYURVEDA** Dr. BK Thelma (University of Delhi) Dr. Ashwini Godbole (TDU, Bengaluru) Dr. Supriya Bhale Rao (IRSHA, Bharati Vidyapeeth, Pune) CHAIRPERSON: Dr. Srinivas Bharath (Department of Clinical Psychopharmacology & Toxicology, NIMHANS)
	Auditorium 3	**DRUG DEVELOPMENT IN AYURVEDA** Dr. Asmita Wele (National Institute of Complementary Medicine, Pune) Dr. S Srikanta (Samatvam Diabetes Endocrinology and Medical Center) Dr. Hrishikesh Damble (Atrimed) CHAIRPERSONS: Dr. B. Ravishankar (AIIA, Delhi) Dr. Padmanabhan B (Department of Biophysics, NIMHANS)
03:00 - 4:00 PM	**PARALLEL SYMPOSIUMS** Auditorium 1	**SVYASA INITIATIVES IN PUBLIC HEALTH** Dr. Amit Singh (SVYASA) Dr. Jayaraman (SVYASA) Dr. Ramesh Mavatur (SVYASA) CHAIRPERSONS: Dr. Aarti Jagannathan (Department of PSW, NIMHANS) Dr. Manjunath (SVYASA)
	Auditorium 2	**INDUSTRY SESSION-1** Himalaya Wellness AVS, Kottakkal, & Sri Sri Tattva, Bengaluru CHAIRPERSON: Dr. JP Narayan (Former President CCIM)
04:00 - 5:00 PM	Auditorium 1	**VALEDICTORY**

SCHEDULE FOR ORAL/POSTER PRESENTATIONS FOR DELEGATES

DAY 1: 29.10.2026	**01:00-02:00 PM**	**POSTER PRESENTATIONS**	**First Floor**
	04.30-06.30 PM	**ORAL PRESENTATIONS**	**Halls: Ground & First Floors A/B/C/Boardroom/Charaka/Sushruta/Vagbhata**
DAY 2: 30.10.2026	**08.00-09.30 AM**	**ORAL PRESENTATIONS**	**Halls: Ground & First Floors B/C/Boardroom/Charaka/Sushruta/Vagbhata**
	01:00-02:00 PM	**POSTER PRESENTATIONS**	**First Floor**